



NOVABYTE AI SUCCESS SERIES

The Study Toolkit

Three planners that work together to turn cramming into steady, spaced learning.

- 1 Exam Countdown Planner — spaced sessions from today to exam day
- 2 Weekly Study Timetable — a time-blocked week
- 3 Topic Mastery Tracker — rate confidence, target the weak spots

Built on Chapter 11's **Tutor Method**: learn at your level, explain it back, get quizzed, fix the gaps, and space it out. Rereading feels like studying — explaining from memory and spacing your reviews is studying.

Spaced repetition beats cramming. Schedule short review sessions at widening gaps so each topic is revisited just as you're about to forget it.

Subject / exam	[what you're studying for]
Exam date	[the deadline everything counts down to]
Sessions per week	[e.g. 4 evenings]

How to fill it: list your topics, then tick each review pass as you complete it. Each pass should be shorter than the last.

Topic	First learn	Review 1	Review 2	Review 3	Exam-ready?

LET AI SCHEDULE IT

My exam is on [date]. Here are my topics and weak areas: [list]. Build a plan of 30-minute sessions, [4] evenings a week, where each session starts with a 5-question review quiz of earlier material.

Block your week before it fills itself. Protect a few focused sessions and guard them like appointments — consistency beats marathon sessions.

Week of	<i>[date]</i>
This week's focus	<i>[the one subject or topic that matters most]</i>

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning							
Midday							
Afternoon							
Evening							
Late							

Tip: mark each block with the subject *and* the mode — learn, quiz, or review. A block labelled “quiz: chapter 4” is far more likely to happen than one labelled just “study.”

Study what you got wrong, not what you got right. Rate your confidence on every topic, and let the low scores decide where your next session goes.

Confidence: 1 = lost · 2 = shaky · 3 = okay · 4 = solid · 5 = could teach it. Re-rate after each review.

Topic	Confidence (1-5)	Last reviewed	Next action

TURN WEAK SCORES INTO A STUDY LIST

Based on my quiz answers, what are my three weakest areas in *[subject]*? Re-explain each differently than before, then give me two fresh practice questions on each.